



# TILAK HIGH SCHOOL

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NEWSLETTER

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## **From the Principal**

**Greetings to all.** We are nearing the end of a very important term. There is a lot to reflect on and evaluate so as to know where one stands holistically. Each and every child is our concern and we have carried out the best to reach to them. I kindly urge all the parents to join hands with my team in assisting ,guiding ,mentoring and correcting our children for a better achievement. All stu-

## **Important Announcements**

1. **Late Arrival of Students to School**-Please be informed that the reporting time of students to school is 8 a.m. Our *Dear Programme* commences at 7.50 a.m. All students are required to be in school before 8 a.m. so as not to miss Dear Programme and the values that are imparted during form time straight after the former. Parents are requested to monitor their children's time management in the morning and make efforts to send them to school on time.
2. **Students whereabouts before and after school hours**– It is of utmost importance that parents know of their child's /children's whereabouts in the morning and also in the afternoon after school. All students are released from school by 3.30 p.m. daily and are expected to reach home accordingly. No student is allowed to roam around in school uniform after school. The same applies in the morning and children are required to travel/walk to school and not elsewhere.
3. **Bus Behaviour** –We anticipate values being instilled in children about a descent behaviour in bus at all times. Students must not shout ,stand ,peep out or place hands out of the window or engage in any other inappropriate behaviour. All students must also catch bus at the right time in order to reach school at the right time.
4. **Term 1 End Examination-Term 1 end examination** is in week 13/14.(Thursday /Friday/ Monday–15th/16th and 19th April). Students will be issued with their exam timetable which will guide them make their study timetable and revise for their exams accordingly.
5. **After Examination** –Parents are reminded to note that normal classes/remedial work will be carried out after the term 1 end examination. Therefore, all students are expected to be in school to be part of the normal teaching and learning that will be in place. Also note that home revision is not encouraged as we believe in better revision in school with teachers.
6. **Unauthorised Leaves**-Students are strictly not allowed to leave the school compound without taking an authorised leave as per the school's procedures in place. Parents are urged to remind their

**HEALTHY  
MIND.  
HEALTHY  
BODY.  
HEALTHY  
LIFE.**

### **OHS Precautions in school**

A Tsunami and Fire drill was conducted for the whole school and was observed well by all the students and teachers. Parents are encouraged to remind and advise their children on safety precautions in and out of school at all times.

**At the end of the day, the  
goals are simple: safety and  
security.**

Jodi Reil

**The  
greatest  
wealth  
is..  
HEALTH.**

~Virgil

8. **Use of Mobile phones at home**– a lot of parental control and guidance is required for student mobile phone usage. Many children's' studies are affected because of excessive mobile phone use. Parents are advised to place limits and keep a track on the same to ensure that academic work is our children's' paramount priority.

9. **Health Promoting School**-The school is working to achieve a Gold this year. Currently, the school is a Silver award champion. There are various activities being carried out to promote Health and Holistic development in the school.

10. **Lautoka /Yasawa Zone Athletics**-The school was able to scoop 1 gold ,8 Silver and 10 Bronze medal in the two day competition.17 of our athletes have qualified for the COCA COLA games which will be held at the ANZ stadium from 22nd to 24th April.

11. **School Website**-The school website will is regularly updated with important information .Please refer to the same to keep yourself abreast with concerns relating to the teaching and learning of your children .Link to school website:<https://www.tilakhighfiji.com/>

12. **Term 1 Holidays**-All students are encouraged to make use of the holiday and spend it wisely. Students are advised to revise and update with the remedial of term 1 end exam. Teachers may also give assignments and tasks for completion .Parents are requested to guide and monitor their children on a successful completion of the mentioned. Safety of our students in the break is also paramount hence , all care must be taken to ensure that all mishaps are avoided.

13.**Environment Ambassadors**– A new initiative is in place this year with regards to environment and climate change issues. We have ten student environment ambassadors in the school. The school is working with a UN non governmental organisation to upskill and train our student

**Regularly and thoroughly wash your hands with soap and water or clean your hands with an alcohol-based hand rub. Why? Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.**



### Upcoming Events

1. TERM 1 END EXAMINATION
2. TERM 1 END REMEDIAL
3. PARENT TEACHER INTERVIEW
4. ACADEMIC COUNSELLING
5. COCA COLA GAMES

### Study Tips for Students

1. Get started
2. Make a workable study timetable.
3. Make short notes. Note down important points of discussion.
4. Set a limit to revise each subject.
5. Keep up to date with your homework.
6. Have daily and weekly objectives in place.

### Study Tips for Students

7. Unplug, log off, mute and power down.
8. Take advantage of technology.
9. set realistic targets and goals.
10. Ask your teachers for help.
11. Stay healthy.
12. Look after yourself.

**Stay Safe, Keep Learning : From: School Admin**